

Representative Lois Frankel



Military Academy
Nomination Packet

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Congress of the United States
House of Representatives
Washington, DC 20515-0921

COMMITTEE ON
APPROPRIATIONS
ENERGY AND WATER
DEVELOPMENT
LABOR, HEALTH AND HUMAN
SERVICES, EDUCATION
STATE AND FOREIGN OPERATIONS
CO-CHAIR
DEMOCRATIC WOMEN'S CAUCUS

May 21, 2025

Dear Candidate,

Thank you for your interest in the U.S. Service Academies. As you know, the honor of attending a service academy comes with an obligation and commitment to serve in the military for a minimum of five years upon graduation. As member of the United States House of Representatives, each year I have the privilege of nominating a limited number of people to four of the five prestigious service academies.

If you have any questions regarding this process, please contact my Outreach Coordinator, Trevor Fleming at 561-998-9045 or at Trevor.Fleming@mail.house.gov.

Best wishes to you as you pursue your goal of attending one of the U.S. Service Academies and serving our country.

Always,

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Lois Frankel
Member of Congress
Florida's 22nd District

Please read all material carefully, complete all required forms, and provide all requested data or information by **5pm EST on October 31, 2025**. Please note that mailing your packet to our D.C. office will *drastically* delay the handling of your application. We are working remotely so email the completed application, to our secure email at: Trevor.Fleming@mail.house.gov

- Current photo
- 3 letters of recommendation in sealed envelopes with signatures across the seal on the back – mailed to our Delray Beach office (Address listed below)
- A personal statement in no more than 500 words explaining why you wish to attend a service academy
- Another personal statement written in no more than 500 words describing attributes that would make you successful at your desired service academy
- Official high school, junior college, or college transcripts
- SAT or ACT test scores sent to our Delray Beach office from the testing facility. When you take the SAT, please use the code 5673 to report the scores to us. For the ACT, please use the code 7342

Transcripts

Please include your high school and/or college transcripts. Your transcripts must be official and show your final grades from junior year, along with your GPA and class rank.

SAT or ACT Scores

Either your SAT or ACT scores must be submitted as part of your application. Scores should be submitted directly from the testing center to our Delray Beach office by 5 pm on October 31, 2025. Please note that if you are requesting the testing center to resend earlier scores, it may take 2-4 weeks for our office to receive the scores. To send your SAT scores, please use the code 5673; for the ACT, please use the code 7342.

Please stay safe and follow CDC guidelines.

General Information

The Nomination and Appointment Process

In order to attend a United States Service Academy, one must receive an appointment. Before one is eligible to receive an appointment, each applicant must obtain a nomination from one of the authorized nominating sources. The President of the United States, the Vice President of the United States, and members of the United States Senate and of the United States House of Representatives may nominate applicants who meet the eligibility requirements established by law. Applicants may apply for and receive nominations from the Vice President, their United States Senators and their Congressional Representative.

After the application process for the Congresswoman's nomination is closed, a panel will conduct interviews with candidates who meet all requirements. For each vacancy at a Service Academy, the panel will nominate 10 people. (Alternates will also be recommended but not submitted unless requested by the Service Academy.) The final ranking and appointment will be at the discretion of the Military Service Academies. The Military Academy will then reach out to the nominees to inform them of their appointment status between February and May.

Each member of Congress is allowed five Cadets or Midshipmen at each of the Service Academies in any one year. For each vacancy, the member may nominate up to 10 candidates to compete for that vacancy. Once a student is appointed to an academy, that student fills that vacancy slot until he/she graduates from that Service Academy. Therefore, the number of vacancies available for a member of Congress to nominate candidates depends on the number of cadets currently attending the Service Academy assigned to that member of Congress.

What are the basic eligibility requirements?

Each applicant for a nomination must meet the following eligibility requirements as of July 1st of the year of admission to an academy:

- Age: Be at least 17 years old, but not have passed the 23rd* birthday*
- Citizenship: Must be a U.S. citizen
- Marital Status: Must be unmarried, not pregnant, and without legal obligation to support children or other dependents
- Residence: Must reside within the boundaries of the 22nd Congressional District of Florida.
- Skill / Fitness: Must meet the medical, physical, and academic requirements of the Academy.

*Candidates applying to the Merchant Marine Academy can apply up to their 25th birthday.

What must be included in my nomination file?

A complete nomination file consists of the following items:

- Your application
- Current photo (with your name written on the back)
- Official High school transcript (report cards do not count)
- ACT and/or SAT results must be sent to us directly from the testing center. Please use the following codes: SAT- 5673 and ACT- 7342
- A personal statement, in no more than 500 words, stating why you want to attend a service academy
- Another personal statement that answers in no more than 500 words: what characteristics do you possess that would make you a good fit and/ or successful at the academy
- Three letters of recommendation from individuals outside of your family, sealed, and signed across the seal by the person making the recommendation.
- Contact information for the people writing the letters of recommendation

How many academies are there?

There are five service academies.

- [U.S. Military Academy at West Point](#), New York
- [U.S. Naval Academy](#) at Annapolis, Maryland
- [U.S. Air Force Academy](#) at Colorado Springs
- [U.S. Merchant Marine Academy](#) at Kings Point, New York
- [U.S. Coast Guard Academy](#) at New London, Connecticut

*Please note that I cannot offer a nomination for the Coast Guard since they do not require nominations. It is not necessary to seek a nomination to the Coast Guard Academy since the U.S.C.G.A. accepts candidates based on their own testing criteria.

Are the requirements the same for all of the service academies?

No. Although many of the qualifications are similar, each academy operates under its own admissions guidelines. Visit the academy of your choice via the websites noted for each academy's particular admissions qualifications.

*Please note that you must also apply through the service academy.

Who should I ask to write a letter of recommendation on my behalf?

Some of the people applicants typically seek recommendations from include:

- Teachers
- Counselors
- Employers
- Coaches
- Clergy
- Scout Leaders

*I do not require a specific recommendation form. A letter of recommendation is sufficient.

When is the deadline to apply for a Congressional nomination from Congresswoman Frankel?

All components of your packet must be received by 5 pm (EST) on October 31st, 2025. It is your responsibility to ensure that we have received your completed packet by the deadline.

Will I automatically be selected by the academy after I receive a nomination?

No. You will be placed among a select group of nominees, and the academy of your choice will make the final decision. If selected, you will receive an offer of admission (an appointment) directly from the academy.

What if I choose more than one academy? Will I be limited to a single nomination?

No. You can be nominated to multiple academies depending on how well you have competed among this year's pool of candidates. It is also possible to win multiple appointments.

When will I know if I have been offered an appointment by an academy?

Academies will begin to notify candidates of their admission status in February. All offers of appointment are generally sent out by May.

Send All Correspondence Regarding Service Academy Nominations to:

Congresswoman Lois Frankel

Attention: Service Academy Coordinator

7499 West Atlantic Ave, unit 206

Delray Beach, FL 33446

Telephone: 561-998-9045 or

866- 264- 0957 (toll-free in Florida)

Fax: 561-998-9048

Email: Trevor.Fleming@Mail.House.Gov

Military Academy Nomination Application

General Information

Name: _____

Date of Birth: _____

Social Security Number: _____

Street Address: _____

Street Address (continued) _____

City: _____ **State:** Florida **Zip Code:** _____

Email: _____

Gender: _____ **Are you a U.S. Citizen?** Yes ☐ No ☐

Best number to reach you: [Click here to enter text.](#)

Parent/Guardian(s) name: _____

Telephone Number: _____

Academic, Athletic, and Extracurricular

Name of High School: _____

High School Address: _____

City: _____ **State:** Florida **Zip Code:** _____

Name of Guidance Counselor: _____

GPA (Weighted): _____ **GPA (Unweighted)** _____

Rank: _____ **Class Size:** _____ **Graduation Date:** _____

Are you taking or in any (check all that apply) ☐ Honors Classes ☐ AP Classes ☐ IB Program ☐ AP Laureate Program ☐ AICE Program ☐ Dual Enrollment

Please list any school organizations you participated in and your positions in these organizations

Please list any athletic participation, awards and honors, and work experience (please note if after school or summer).

Please list any volunteer experience you have

Please list any community clubs (not school clubs) and organizations you participated in

Attended/ planning on attending academy leadership seminar Yes ☐ No ☐

Criminal History

Have you ever been found responsible for a disciplinary violation at any secondary school you have attended, whether related to academic misconduct or behavioral misconduct that resulted in your suspension, removal, dismissal, or expulsion from the institution?

Yes ☐ No ☐

Have you ever been convicted of a felony or misdemeanor? Yes ☐ No ☐

If yes to either question, please explain

Test Scores

Please submit your test scores to us directly through either College Board (SAT) or the ACT. (You can submit your SAT scores, ACT scores, or both). The code to send your SAT scores is **5673**; the code for the ACT is **7342**. If you have already taken the SAT and/or Act, you can call to ask them to resend your scores to us. Please indicate your highest scores for each category below as well.

SAT

Math	_____
Writing	_____
Critical Reading	_____
Composite	_____

ACT

English	_____
Math	_____
Reading	_____
Science	_____
Composite	_____

Number your preference for the Academies from 1 to 4, with 1 being your highest preference. (If there is an academy that you are not interested in attending, please indicate with "N/A.")

U.S. Air Force Academy	_____
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U.S. Merchant Marine Academy	_____
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U.S. Military Academy (West Point)	_____
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U.S. Naval Academy

An appointment to the Service Academies is based on a desire by the candidate to devote a lifetime of military service and implies recognition by the appointee of an obligation to the government to devote him/ herself to a military career. Are you interested in an appointment on that basis?

Yes ☐ No ☐

Name of Hometown Newspaper: _____

Is it okay to notify your local/ hometown newspaper in the event that you receive an appointment?

Yes ☐ No ☐

Is it okay to use your name in a press release after receiving a nomination or appointment?

Yes ☐ No ☐

I prefer to be notified via phone ☐ email ☐

If you have already graduated, what have you been doing since graduation?



Privacy Act Release Form

In the event that this office finds it necessary to make inquiries on your behalf concerning your nomination, it is crucial that you have given permission for such inquiries to be made.

Please print your name _____

I hereby authorize Congresswoman Lois Frankel and her staff to make inquiries on my behalf to The United States Naval Academy, The United States Military Academy, United States Merchant Marine Academy, and the United States Air Force Academy and to obtain all necessary information relating to my application for and status of appointment.

Signature of Applicant _____

Date _____

If under 18, parent signature _____

Date _____

- Personal statements:
 - Please explain, in no more than 500 words, why you want to go to the Academy.
 - In no more than 500 words, what characteristics do you possess that would make you a good fit and/ or successful at the academy
 - (Optional) Is there anything else that you think we should consider or know about you to help make this decision?
- Applications can be submitted via fax, mailed or hand delivered (during normal business hours) to our Delray Beach office, or scanned and emailed to Trevor Fleming. Please refer to page 6 for our contact information. If you have any questions, please call 561-998-9045 and ask for Trevor. **Please do NOT mail your application to our DC office.** Everything mailed to our Washington, D.C. office must go through an extensive irradiation process before it can be received and opened. Consequently, mail sent directly to our Washington, D.C. office may not be physically received by our D.C. office for four to six weeks, after which it must be forwarded back to our Delray Beach office, which may take an additional one to two weeks.
- It is your responsibility to ensure that we have received your entire application by the deadline.
- Please note that not all applications may receive a congressional nomination. Also, a congressional nomination does not guarantee an appointment. (Call our office or your desired academy if you have any questions).
- Falsifying information in this application will result in a disqualification for the opportunity to receive a nomination.

Checklist

(For your records)

1. Completed Application
2. Current photo (with your name written on the back)
3. Official High school transcript (report cards do not count)
4. ACT/SAT scores sent directly from the testing institute
5. Letters of Recommendation (3, signed and sealed)
6. Contact information for letters of recommendation
7. Privacy Act Release Form
8. Personal Statements (2)
9. Submitted Application to Delray Beach office

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